

### Entree/shared

**Garlic or Herb bread:** oven baked baguette topped with garlic butter or mixed herbs and cut into (4 pieces) \$6.9 (add cheese \$1)

**Soup of the day:** house made fresh soup; please see our wait staff for today's selection (#GF) \$6.9

**Bruschetta:** toasted continental bread with diced tomato, Spanish red onion and basil pesto finished with balsamic glaze, olive oil and shaved parmesan cheese \$10.9

**Grilled Saganaki:** 2 pieces grilled saganaki cheese served on cherry tomato, olive and rocket salad drizzled with lemon olive oil \$12.5

**Vegetable spring rolls:** (3 pieces) Asian style vegetable spring rolls (vegan) served on mixed greens and sweet chilli/soy dipping sauce \$10.9

### From the Pan

**Hoi sin wok tossed chicken stir fry:** tender chicken pieces wok tossed with bok choy and select Asian vegetables finished with thick hokkien noodles and a hoi sin stir fry sauce (#GF)(#V) \$23.5

**Roast Vegetable Penne:** assorted roasted vegetables in a tomato and vegetable sauce finished with a hint of

cream and shaved parmesan cheese (#V) \$22.5

**Chicken, chorizo and bacon risotto:** poached pan fried chicken pieces with sautéed chorizo, bacon and chilli, finished with cherry tomatoes, roasted red peppers, arborio rice and shaved parmesan cheese (GF) \$23.5

**Mussel and prawn fettucine:** sautéed tiger prawn meat, green lip mussels all tossed with fettucine in spicy chilli, garlic and white wine finished with extra virgin olive oil and lemon wedges \$25.9

### Club Favourites /Classics

**Lemon pepper dusted calamari:** scored calamari, lightly dusted with gluten free cornflour then golden fried and finished with lemon pepper seasoning served with garlic aioli and your choice of sides (#GF) \$22.9

**Club fish and chips:** lightly battered deep sea hake fillets with homemade tartare, lemon wedges and your choice of sides (also available in grilled) (#GF) \$21.9

**Classic Chicken parmigiana:** 300g panko crumbed butterflied chicken breast topped with Virginian ham, slow cooked rich Napoli sauce and melted cheese and your choice of sides \$24.5

**Baby chicken parmigiana:** smaller version of our classic for those who want a smaller meal \$19.9

**Carvery roast:** in house roasted selection of the day served with roasted vegetables and accompaniments (GF) \$20.9

**Eggplant Parmigiana:** sliced panko crumbed eggplant, golden fried topped with Napoli sauce and melted cheese (#V) \$20.9

**Pork Belly Spare Ribs:** sliced pork belly ribs marinated in spicy smoked BBQ sauce served with a side of coleslaw, chips and tomato relish \$26.9

### EXTRAS

**Basket of wedges \$8.9 Basket of chips \$7.9**

**Steamed Vegetables or mash or salad or side chips (extra with main purchased only) \$3 each**

**Extra sauces available at \$2 each with any meal (gravy, red wine jus, creamy peppercorn, mushroom, béarnaise or garlic butter)**

### From the Char Grill

**Porterhouse steak:** 300g prime grain fed porterhouse char grilled and served with your choice of sides and (1) sauce (red wine jus, mushroom, creamy peppercorn, garlic butter or béarnaise) (#GF) \$31.9

**Scotch fillet:** 300g select grass fed scotch fillet served how you like it, with your choice of sides and (1) sauce (red wine jus,

*mushroom, creamy peppercorn, garlic butter or béarnaise) (#GF) \$32.9*

***Rib Eye:** char grilled 400g Great Southern grass fed rib eye, served how you like it, with your choice of sides and (1) sauce (red wine jus, mushroom, creamy peppercorn, garlic butter or béarnaise) (#GF) \$37.9*

### **Summer Salads**

***Chicken Caesar salad:** grilled chicken tenderloin with baby cos lettuce, grilled bacon, poached egg, grilled sliced ciabatta and shaved parmesan (#GF) \$23.9*

***Thai beef/Noodle salad:** ginger/chilli marinated beef strips with Asian influenced salad finished with lime dressing, rice noodles and torn coriander leaves (GF) \$23.9*

***Greek Calamari salad:** lemon and garlic marinated charred calamari strips served on mixed salad with olives and fetta cheese infused with greek dressing (GF) \$24.9*

***Pumpkin, walnut, spinach and baby beetroot salad:** roasted pumpkin tossed with fresh spinach, walnuts and baby beetroot finished with a lemon and herb dressing (GF) \$21.9*

### **Burgers**

***Monty Classic beef burger:** seasoned 150g pure beef patty topped with melted cheddar cheese, mixed greens, sliced tomato, red onion, bacon and tomato relish on a toasted bun with a side of spiced chips \$20.9*

***Southern Chicken Burger:** Cajun spiced chicken breast char grilled, topped with*

*coleslaw, swiss cheese, rocket and chipotle mayo served on a toasted milk bun with a side of chips \$20.9*

***Kids meals under 12 years old \$8.90***

***All kids' meals come with a complimentary kid's soft drink and ice cream with choc or strawberry topping***

*Fish and chip basket (#GF)*

*Nuggets and chips (not GF) (GF tenders available on request)*

*Calamari and chips (#GF)*

*Fettucine Napolitana*

*Cheeseburger and chips*

***Seniors meal Main only \$14.50 (includes \$2.50 venue voucher) (terms and conditions apply)***

***Soup or sweet add \$2.50 each***

*Dusted calamari (#GF)*

*Battered hake fillet*

*Grilled hake fillet (#GF)*

*Homemade rissoles*

*Chicken schnitzel and gravy*

*Lambs fry and bacon (GF)*

*Roast of the day (GF)*

*Warm chicken salad*

***All senior mains except warm chicken salad, served with your choice of chips/salad or vegetables Senior Sweet of the day: \$2.50 (for today's dessert please ask one of our friendly staff)***

***(Voucher can not be redeemed on day of purchase but used on a subsequent visit within the venue and not exchanged for cash)***

*All mains not including pastas/risotto/stir fry/salads/burgers served with your choice of chips/salad or vegetables unless stated on the menu. Optional extras available at extra cost*

*\*Please note that whilst we endeavour to provide for all dietary requirements and needs we source produce from multiple suppliers whose products are produced on equipment that may contain traces of nuts and or gluten and other allergens. Also products produced in this kitchen could also contain the above. If you have any special dietary needs please ensure that the kitchen is aware and we will try our best to accommodate your needs, but the decision to consume a meal is the responsibility of the diner.*

*(#GF = can be gluten free on request) (GF = is Gluten free) (#V) = vegetarian on request)*

**Welcome to the Montmorency  
Eltham RSL your local  
Community Club.**

**Ask our friendly staff for our  
Specials including:**

**Chef's Recommended weekly  
Specials**

**Members Night every Thursday  
\$15 select menu**

**Parma Night every Tuesday**

**Kids eat free Monday Nights  
(conditions apply)**

*Enquire about booking your next  
family party or function*

***Also Book for  
private functions  
with various  
packages available  
in our Upstairs  
function area.***

## **BISTRO MENU**

**WELCOME TO**



*Petrie Park, Mountain View Road Montmorency 3094*

*Ph.9434 2085, Email. eat@montyrsl.com.au*

**Your local Community Club**



***Lunch 6 Days 12.00-2.00pm***

***(Tuesday-Sunday)***

***(Closed Monday Lunch)***

***Dinner 7 days 6.00-8.30pm***